



queen  
mira  
international  
school

# ANTI BULLYING POLICY



qmis  
brochure



qmis  
website



qmis  
souvenir



QMIS

## Vision

**“To empower every learner to become a thoughtful leader, committed to driving sustainable change for a better world”**



QMIS

## Mission

- **Promoting personal growth and well-being through holistic development—integrating mental, emotional, and physical wellness—while fostering self-love, self-acceptance, and self-compassion.**
- **Fostering environmental awareness and stewardship by nurturing respect for nature and promoting sustainable living, conservation, and mindful resource use.**
- **Cultivating community and social harmony by fostering inclusivity, empathy, and mutual respect, while inspiring collaboration to address shared social and environmental challenges.**
- **Fostering global and digital citizenship by promoting compassion, ethical awareness, critical thinking, and responsible use of technology for learning, collaboration, and social impact.**
- **Empowering individuals through balanced living, integrating academics, athletics, and personal growth, while cultivating discipline, life skills, and financial literacy for responsible, independent success.**
- **Inspiring innovation and lifelong learning by embracing change, advancing skills, and cultivating an agile mindset for navigating a dynamic world.**
- **Building resilience and courage by empowering individuals to face challenges with confidence, adaptability, and a growth mindset.**



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## Core Values

QMIS builds the values through the environment, curricular and co-curricular programmes and shapes the staff and students with the following core values  
**Accountability, Commitment, Integrity, Positivity, Respect**



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## Guiding Statement

QMIS has a well structured guiding statements which act as the rungs of the ladders to take us to our vision.

- 01 Offer a blended - CBSE curriculum that is both local and global and has a strong emphasis on encouraging the development of Global Citizenship.
- 02 Create a safe and supportive environment where the physical and emotional integrity and safety of each member of the QMIS staff and student community is a matter of high priority.
- 03 Develop awareness of our interconnected world and realize our individual and collective responsibility to become a change factor and to live sustainably.
- 04 Facilitate opportunities that enhance ethical, social, intellectual and creative competencies both inside and outside the classroom.
- 05 Encourage a value – based education through inquiry, collaborative thinking, communication and research skills.
- 06 Cultivate multilingualism with an emphasis on French and Japanese Language acquisition.
- 07 To ensure the social – emotional well being of staff and students and to empower self – management skills.
- 08 Ensure that students have ample opportunities to acquire and develop leadership experiences both within the school as well as through meaningful global collaboration.
- 09 Foster the use of innovative technology to enhance teaching and learning and to empower students to become content creators.
- 10 Embed the importance and value of Digital Citizenship and Intellectual property rights in the effective use of technology.
- 11 Support learning and program development through effective, purposeful and ongoing assessment practices.
- 12 Foster shared partnership between students, families and all stakeholders of the QMIS family.



QMIS

## Guiding Statement

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**QMIS has a well structured guiding statements which act as the rungs of the ladders to take us to our vision.**

- GS1:** Deliver a comprehensive and dynamic CBSE curriculum that blends local relevance with international best practices, fostering academic excellence and global citizenship.
- GS2:** Ensure a safe, inclusive, and nurturing environment that prioritizes the physical, emotional, and psychological well-being of all students and staff.
- GS3:** Instill a deep understanding of global interdependence, encouraging learners to take responsibility for sustainable living and meaningful change.
- GS4:** Provide opportunities that enhance life skills, well-being, self-management, and leadership through local and global engagement.
- GS5:** Promote a values-based education that inspires inquiry, collaboration, communication, and strong research skills.
- GS6:** Encourage multilingualism through regional languages (Tamil/Hindi) and global languages (French), fostering cultural awareness and global communication.
- GS7:** Seamlessly integrate technology to enrich learning, empower student creativity, and instill responsible digital citizenship and respect for intellectual property.
- GS8:** Drive continuous learning and curriculum development through purposeful, ongoing, and student-centered assessment practices.
- GS9:** Cultivate collaborative communities and equip students with globally relevant skills through financial education, creative expression and individualized learning in dedicated creative spaces.

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## **AB 001 Principles and values**

As a school we take bullying and its impact seriously. People and parents should assure that known incidents of bullying will be immediately informed to the senior people. The school will seek ways to counter the effects of bullying that may occur within school.

## **AB 002 School community beliefs about bullying**

It is important that students, staff and parents have shared understanding of what bullying is, how it impacts on people! Bullying is repeated oppression<sup>9</sup>, (psychological or physical) of a less powerful person by more powerful person or group of persons.

## **AB 003 Definition**

Bullying is defined as "unwanted negative behavior, verbal, psychological or physical conducted by an individual or group against another person (or persons) and which is repeated over time".

## **AB 004 Bullying behavior**

- Physical – pushing, poking, kicking, hitting, biting, pinching etc.
- Verbal - name calling, sarcasm, spreading rumors, threats, teasing, belittling.
- Emotional – isolating others, tormenting, hiding books, threatening gestures, ridicule, humiliation, intimidating, excluding, manipulation and coercion.
- Sexual – unwanted physical contact, inappropriate touching, abusive comments, homophobic abuse, exposure to inappropriate films etc.
- Online /cyber – posting inappropriate on social media, sharing sensitive/ embarrassing photos, sending nasty text messages harassing/ threatening someone, social exclusion, fake profiles, trolling /memes about school.
- Indirect - Can include the exploitation of individuals.

## **AB 005 Why is it important to respond to Bullying?**

Bullying has the potential to damage the mental health of a victim. It will affect the person to behave in an unusual way such as self harm, depression and imbalance in their work.

## **AB 006 Educational Programs**

School management will educate the staff, students and parents about bullying and provide sufficient awareness program.

- Information sheets about bullying for parents community (Circular)
- Staff Professional Developmental Program

## **AB 007 School will promote effective social skills and positive relationships through School-wide positive behavioral support.**

- An active and supportive administration and middle level management team.
- Students service management group ( karko)
- Student Leadership team.

## **AB 008 Responses to bullying and intervention strategies**

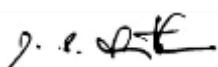
- Providing counseling and support.
- Increased supervision at risk areas.
- Teaching students about conflict and bullying.
- Conducting Anti bullying workshops.
- Having special meeting to work things out with the involved students.

## **AB 009 Procedures**

- Report bullying incidents to HSC member.
- In case of serious bullying, the incidents will be recorded by the committee member and assure that appropriate action will be taken.
- If necessary parents should be informed and will be asked to come to a meeting to discuss the issue.
- The bullying behavior or threats of bullying must be investigated and the bullying must be stopped quickly

## **AB 010 Policy Review**

- This policy will be reviewed once a year.
- First Draft – 07.06.2018, Second Draft – 14.05.2024, Third Draft – 04.06.2025.



Sujatha Guptan  
Director – Academics



Abinath Chandran  
Managing Director



Dr.C.Chandran  
Chairman

**“ Bullying is not just about physical violence, it's also about psychological violence – the kind of violence that leaves scars on the soul.”**

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